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O'Donoghue's
Irish Pub

Catch the Spirit

Friday Night Fun
for the Whole Family

5k Run / 2mi Walk

Awards
Live Music by the Water Dogs
DJ Majic
Food
Beverages
Kids Games
Raffle



Catch the Spirit

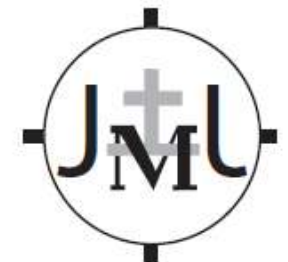
Twilight ★ 5K Run/2-mi.Walk

Family Fun Night
Friday, June 11
5:30-11 pm

Starts and finishes at:
St. Mary's Visitation Parish
13000 W. Juneau Blvd.
Elm Grove

Benefits the St. Joseph + St. Mary's
Youth Ministry Program.

www.catchthespiritrun.org



Held rain or shine.

Silver Circle

Jim and Pat Parks



Run/Walk

This is a family affair with multiple courses from which to choose!

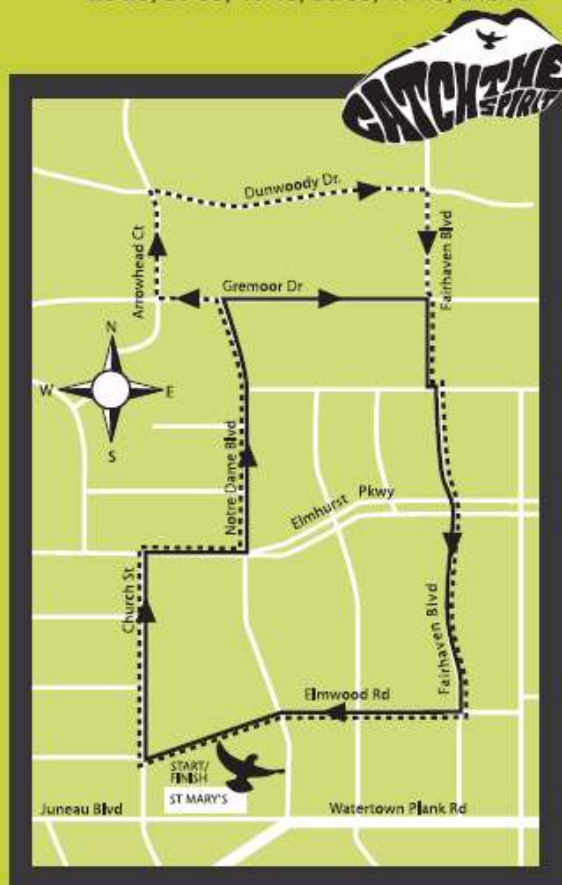
- 5k Run, bar code timing, 2 laps
- 2-mi Walk, non-timed, 1 lap

Awards:

- overall top male,
- overall top female,

Plus the top three male and female finishers for:

- 3rd grade and under,
- 4th, 5th, 6th, 7th, and 8th grades,
- high school to age 19,
- 20-29, 30-39, 40-49, 50-59, 60-69, and 70+



————— Run: 2-lap course
 Walk: 1-lap course

Event Schedule

5:30-6:45 p.m. Entertainment.
 Food, Beverages
 Pre-registered participants can pick up race packets.
 You may also register on race night.

6:50 p.m. Blessing of participants

7:00 p.m. Run/Walk start time

8:00-11:00 Post run festivities:
 - Live Music - Water Dogs
 - 2 Bounce Houses, Teen Joust Pit, Cash Cube, Obstacle Course, and Free Kids Games
 - Awards Ceremony
 - Raffle, DJ, and MORE!

SJ&SM Youth Ministry

We are a dual youth ministry program between St. Joseph in Wauwatosa and St. Mary's Visitation in Elm Grove, Wisconsin. We offer dynamic and diverse opportunities for students grades 6-12 to grow in their love of Christ and his Church. We connect over 800 teens from 12 schools through mission trips, retreats, youth groups, catechetical programs, service, & some crazy fun. Youth in our program can expect life-changing experiences and in-depth formation.

The money we raise through this event helps us maintain and enhance our youth center (the ATTIC), subsidize mission trips and retreats, and train future youth ministry leaders. Thank you for supporting the young church.

For more information:

- Visit us online at www.catchthespiritrun.org
- Visit us online at www.sjsmym.org
- e-mail our Race Coordinator at ellen@sjsmym.org

Catch the Spirit Registration

Pre-registration Deadline: **Friday, May 28, 2010** (guarantees T-shirt on race day)

Family or Individual Registration:

Pre-registration (Deadline May 28): Family fee of **\$45** includes four T-shirts.

Individual fees are **\$15 for adults**, and **\$10 for children** age 10 and younger. Includes T-shirt.

May 29 to Race Day: Family Registration fee of **\$55** includes four T-shirts.

Individual fees are **\$20 for adults**, and **\$12 for children** age 10 and younger. Includes T-shirt.

Last name: _____

First name	Walk or Run (circle one)	Gender (circle one)	Age	Grade Completed (if applicable)	T-shirt size (circle letter for size)
_____	W R	M F	_____	_____	Youth S M L Adult S M L XL XXL
_____	W R	M F	_____	_____	Youth S M L Adult S M L XL XXL
_____	W R	M F	_____	_____	Youth S M L Adult S M L XL XXL
_____	W R	M F	_____	_____	Youth S M L Adult S M L XL XXL

Address: _____ Telephone: _____

Pick up your racer packets starting at 5:30 on June 11th. Event held rain or shine.

Don't forget to stay for live music, food, drinks, games, our raffle and fun for the whole family!

Waiver (must be signed in order to participate)

In consideration of your accepting this entry, I, the signer, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators, waive and release any and all right and claims for damages I may have against the St. Joseph and St. Mary Parishes, the Run / Walk, or their sponsors, officials, workers, representatives, successors, assigns, for any and all injuries suffered by me in this event.

Signature (by parent or guardian if under 18)

Photo Release: I agree that I or my children (if applicable) may be photographed for program purposes while participating in the St. Joseph + St. Mary Run / Walk and such photos may be used in promotional publications.

Signature (by parent or guardian if under 18)

Extra T-shirts \$10 each (enter quantity next to size)

Youth ___ S ___ M ___ L

Adult ___ S ___ M ___ L ___ XL ___ XXL

Amount enclosed:

\$ _____

Make checks payable to: **St. Joseph Congregation**

Mail completed form and payment to:

St. Joseph Congregation

Catch the Spirit

12130 W. Center St.

Wauwatosa, WI 53222

Or drop off at St. Mary's or St. Joe's parish or school office.